Sara Cavanaugh Named SUNYAC and ECAC Women’s Basketball Player of the Week; Cortland Forward Also Chosen to D3hoops.com National “Team of the Week”

SUNY Cortland sophomore forward Sara Cavanaugh (Hastings-on-Hudson/Hastings) has been selected as both the State University of New York Athletic Conference (SUNYAC) and Eastern College Athletic Conference (ECAC) Upstate New York Division III Women's Basketball Player of the Week for the week ending Jan. 29.

In addition, Cavanaugh was one of five players named to the D3hoops.com national “Team of the Week.” The basketball web site honors the top five performers each week (two backcourt, three frontcourt) from all Division III schools in the country.

Cavanaugh averaged 27 points, 11 rebounds, 2.5 assists and two blocks per game in two Cortland victories last week. On Friday, she poured in a career-high 34 points and grabbed 15 rebounds in a 68-51 win at Geneseo. The point total was the highest by a Red Dragon since Sarah Bouley’s school-record 38 points at Ithaca in the 1993-94 season. Cavanaugh made 13-of-20 shots from the floor, including 4-of-7 three-pointers.

The following evening, Cavanaugh sank 9-of-11 shots and finished with 20 points and seven rebounds in a 65-43 home win over Buffalo State. She connected on 2-of-3 shots from three-point range as she helped the Red Dragons (15-2, 10-0 SUNYAC) win their 10th straight game.

Cavanaugh is currently Cortland’s second-leading scorer at 14.7 points per game and leads the team with 8.7 rebounds and two blocks per contest. She is shooting 50.3 percent from the field, including 45.3 percent (24-of-53) from three-point range.

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