Cortland's Lizz Rakita Chosen as SUNYAC Women's Volleyball Player of the Week

SUNY Cortland senior setter **Lizz Rakita (Lake Grove/Sachem)** has been selected as the State University of New York Athletic Conference (SUNYAC) Women's Volleyball Player of the Week for the week ending October 23. The award is Rakita's second of the season – she also earned the honor in mid-September.

Rakita averaged 11.5 assists per game and had a .390 attack percentage as Cortland posted a 5-0 record at the SUNYAC East Round Robin in Potsdam. She recorded 40 assists, five kills, three aces and four blocks in a 3-0 win over New Paltz and had 34 assists, five digs and four kills in a 3-0 win versus Potsdam.

Cortland won its 20th SUNYAC Eastern Division title in the last 21 years with a 9-1 league record. The Red Dragons, 26-6 overall at the end of the week, will host the six-team SUNYAC Championship Tournament on Friday-Saturday, November 4-5.

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