Stephanie Adamshick, Lara Stone Receive ECAC Upstate Top Awards; Huson, Rockwell Also on All-ECAC Team

SUNY Cortland sophomore Stephanie Adamshick (Milton/Marlboro) was named the 2004 Eastern College Athletic Conference (ECAC) Division III Upstate New York Pitcher of the Year and senior shortstop Lara Stone (Windsor) was chosen as the 2004 ECAC Division III Upstate New York Player of the Year. Junior centerfielder Kim Huson (Binghamton/Johnson City) and sophomore rightfielder Jen Rockwell (Scotia) joined Adamshick and Stone on the ECAC all-star team.

Adamshick posted a 23-4 record with a 1.02 ERA and eight shutouts in 29 appearances, 27 as a starter. She struck out a school single-season record 165 batters and allowed only 108 hits in 172 innings pitched. She also notched one save and allowed opponents only a .176 batting average. Adamshick was also the State University of New York Athletic Conference (SUNYAC) Pitcher of the Year and a second team Division III All-American.

Stone batted .444 with nine home runs, 16 doubles, two triples and 41 runs batted in. She tied a school single-season record with 24 walks and finished with a .793 slugging percentage. Stone is Cortland's career leader with 24 home runs and is fourth with 199 career hits. She was the SUNYAC Player of the Year and a third team Division III All-American.

Huson batted .353 with four doubles, 13 RBI and a team-high 18 stolen bases. She also drew 15 walks and was second on the team with 37 runs scored. Rockwell hit .333 with eight doubles, four triples, 36 runs scored and 19 RBI. She was second on the team with 22 walks.

Cortland finished the season 37-9 and tied for seventh nationally at the Division III World Series. The Red Dragons qualified for the Series for the second straight year and fourth time overall.

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