SUNY Cortland Men’s Indoor Track and Field
Day 1 at NCAA Division III Championships
Friday, March 12, 2004; Univ. of Wisconsin-Whitewater

WHITEWATER, WIS. – Cortland senior Jon Frechette (Oswego) advanced to the finals in the 55-meter hurdles at the NCAA Division III Indoor Track and Field Championships, hosted by the University of Wisconsin-Whitewater. Frechette is one of eight competitors to move into Saturday's championship heat, thereby guaranteeing him a top-eight placement and All-America honors if he completes the race. The finals are set for Saturday at 4:25 p.m. (CST).

Frechette, running in the second heat of the preliminaries, was clocked at 7.72 seconds. He was fifth in his heat and eighth among the two heats combined to earn the final spot in the finals. There were 13 competitors total in the event.

Cortland’s other competitor at the national meet, freshman Dave Hock (Elma/Iroquois), just missed reaching the finals in the long jump. His leap of 21' 10" was one and three-quarter inches short of the ninth and final finalist. Hock finishes 10th in the event out of 12 competitors.

# # #