CORTLAND’S JOHN LONGO NAMED ECAC DIVISION III NORTHWEST DEFENSIVE PLAYER OF THE WEEK

SUNY Cortland senior defensive tackle John Longo (Massapequa) has been named the ECAC Division III Northwest Defensive Player of the Week for the week ending Sept. 21. Longo made eight tackles, seven solo, and registered three sacks in Cortland’s 35-14 win over Kean University. He made six tackles for lost yardage, including the sacks, and forced two fumbles. The 2-1 Red Dragons held the Cougars to 56 yards of total offense, including minus-19 yards rushing.

Longo has been recognized twice by the ECAC in the first three weeks of the season. He was an honor roll selection last week. A team captain, Longo leads Cortland in total tackles (23), tackles for losses (13.5) and sacks (5.0).