

Master of Science in Recreation

Therapeutic Recreation

(33-34 semester hours including a comprehensive examination, special project, or thesis)

Intended Audience: Both students who need first degree professional preparation in recreation and therapeutic recreation and persons whose undergraduate study of recreation did not include advanced coursework in preparation for certification by the National Council for Therapeutic Recreation Certification (NCTRC).

Philosophical Basis: The program intends to focus on working with people with disabilities. Practiced in clinical, residential, school, and community settings, therapeutic recreation uses treatment, education, and recreation services to help people of all ages with illnesses, disabilities, and other conditions to develop and use their leisure in ways that enhance their health, independence, and well-being. Therapeutic recreation makes a difference in the quality of life for people with disabilities by focusing on the following areas: In-depth knowledge of potentially disabling conditions; in-depth knowledge of the history and philosophy of therapeutic recreation; ability to use therapeutic recreation techniques and procedures, including therapeutic approaches and facilitation techniques; ability to design and implement therapeutic recreation programs; understanding of current trends and issues within the therapeutic recreation profession; understanding of and ability to use leisure education; understanding of and ability to facilitate inclusion.

Degree Requirements: The requirements listed on this document reflect the comprehensive aims of the graduate concentration in therapeutic recreation. In most instances, substitutions are possible when the student and advisor agree that the student has acquired comparable knowledge or skill in another context.

Co-requisites: For “first degree students:”

REC 600: Survey of the Recreation and Leisure Profession (2 credits)

REC 330: Introduction to Therapeutic Recreation (3 credits)

Additional co-requisites may be required by joint agreement of the Admissions Committee & academic advisor

Course of Graduate Study

A. Recreation:	21 credits*
REC 601 Recreation Research and Evaluation I	3 credits
REC 602 Recreation Research and Evaluation II	3 credits
REC 603 Historical, Philosophical, & Theoretical Perspectives of Recreation & Leisure	3 credits
REC 538 Administration of Therapeutic Recreation (or a supervision/admin course; REC 509; REC 560)	3 credits
Concentration Courses:	
EDU 515 Leisure Education (or another REC course on advisement, if student has LE)	3 credits
REC 530 Therapeutic Recreation Techniques and Procedures (or REC 630)	3 credits
REC 535 Therapeutic Recreation Program Design (or REC 635)	3 credits
B. Supporting Area	6 credits*
<i>For students without undergraduate degree in recreation:</i>	
REC One REC course by advisement	3 credits
REC 606 Recreation Internship	3 credits
<i>For students with undergraduate degree in recreation:</i>	
One course by advisement	3 credits
REC 606 Recreation Internship	3 credits
C. Electives	6 credits*
Students seeking certification by NCTRC should select electives carefully and by advisement. Currently, NCTRC requires coursework in anatomy and physiology, abnormal psychology, and human growth and development	6 credits
D. Culminating Activity – One of the following:	1-6 credits*
REC 683 Comprehensive Examination in Recreation and Leisure Studies OR	1 credit
REC 684 Thesis OR	1-6 credits*
REC 685 Master’s Project	1-6 credits*
TOTAL	33-34 credits

*Thesis or project credit is substituted for coursework

Registrar’s Code = REC/TR