

# BS Recreation Leisure/Recreation Program Delivery Concentration (BS REC\_LRPD)

## REQUIREMENTS

All College, General Education, Liberal Arts/Sciences (60 credits), and Major Requirements.

Major Requirements:

### A. PROFESSIONAL CORE COURSES: 30 CREDITS

- REC 271: Foundations of Recreation (3)
- REC 280: Programming in Parks/Recreation/Leisure Services (3)
- REC 370: Outdoor Education Practicum (3)
- REC 380: Leadership in Parks/Recreation/Leisure Services (3)
- REC 393: Diversity/Inclusive Recreation Services (3) (meets GE2 in the Cortland GE requirement)
- REC 402: Management of Recreation Resources (3)
- REC 407: Evaluation/Research (3)
- REC 446: The Law of Parks/Recreation/Leisure Services (3)
- REC 470: Senior Seminar (3)
- REC 495: Administration of Recreation (3)
- Recreation Electives – selected in consultation with advisor (6)

### B. INTERNSHIP: 15 CREDIT HOURS

- REC 475: Internship in Recreation and Leisure Services (15)

### C. CONCENTRATION IN LEISURE/RECREATION PROGRAM DELIVERY: 24 CREDIT HOURS

- REC 425: Leisure Education (3)
- PSY 101: General Psychology I (3)
- REC 427: Special Events Planning I (1)
- REC 428: Special Events Planning II (2)

<p><b><u>Advanced Administration and Supervision Area –</u></b> Three credit hours from the following:</p> <ul style="list-style-type: none"> <li>REC 503: Campus Rec Programming and Admin</li> <li>REC 409: Human Resource Management in Leis</li> <li>REC 460: Camp and Outdoor Program Admin</li> </ul>	<p><b><u>Social Behavior Area</u></b> PSY 422: Social Psychology (3) <i>and</i></p> <p>Three credit hours from the following:</p> <ul style="list-style-type: none"> <li>EDU 525: Teaching the Inner City Child</li> <li>REC 508: Leisure Services for Older Adults</li> <li>SOC 220: Introduction to Social Gerontology</li> <li>SOC 373: Deviant Behavior</li> <li>SOC 425: Sociology of Aging and Life Course</li> <li>SOC/REC 455: Sociology of Leisure</li> <li>SOC 462: Juvenile Delinquency</li> <li>SOC 464: Corrections</li> <li>SOC 470: Sociology of the Family</li> </ul>
<p><b><u>Human Development Area -</u></b> Three credit hours from the following:</p> <ul style="list-style-type: none"> <li>PSY 231: Child Psychology</li> <li>PSY 232: Adolescent Psychology</li> <li>PSY 333: Developmental Psychology</li> <li>PSY 334: Psychology of Adulthood and Aging</li> </ul>	<p><b><u>Wellness/Healthy Lifestyles Area –</u></b> Three credit hours from the following:</p> <ul style="list-style-type: none"> <li>HLH 110: Personal and Community Health</li> <li>HLH 210: Wellness and Health Promotion</li> <li>HLH 301: Stress Management</li> <li>HLH 313: Mental and Emotional Health</li> </ul>

### D. OTHER: 16 credit hours

- CAP 100: Introduction to Computer Applications
- COM 210: Fundamentals of Public Speaking
- Activity Requirement: 2-6 credit hours of recreation activities — at least two different activities
- Liberal Arts and Free Electives (4-8 credit hours)

**TOTAL CREDIT HOURS REQUIRED FOR GRADUATION: 124**