

RECOMMENDED SEQUENCE FOR TRANSFER STUDENTS ENTERING WITH 64+ CREDITS

(Major Code PEC or PECW – B.S. in Education (BSE))

Students should have completed most all General Education requirements plus BIO 301, 302, EXS 197, HLH 110, a 3 Credit Quantitative Skills course, PED 182, 187, 189, 283 plus 1 credit of elective activity.

| <u>First Semester</u> | <u>Credit-Hours</u> |
|--|---------------------|
| COM 210 Fundamentals of Public Speaking | 3 |
| EXS 287 Social Psychological Aspects of Phys. Activity | 3 |
| EXS 297 Motor Behavior | 3 |
| PED 187 Track and Field | 1 |
| PED 189 Aquatics | 1 |
| PED 201 Motor Development | 3 |
| PED 284 Self Defense | 1 |
| PSY 332 Educational Psychology | 3 |
| TOTAL | 18 |
| *PED 308 Outdoor Education for Teachers – 2 wks in May, June or August – May be completed here or after Senior year. | 3 |

| <u>Second Semester</u> | <u>Credit-Hours</u> |
|---|---------------------|
| EDU 255 Basics of Effective Instruction in Physical Ed. | 3 |
| EDU 256 Seminar for Field Experience | 1 |
| EXS 387 Biomechanics (prereq. Bio 301) | 3 |
| HLH 120 Personal & Community Health | 2 |
| PED 285 Gymnastics Activities | 1 |
| PED 288 Rhythms & Dance | 1 |
| PED 380 Skill Acquisition Concepts of Team Sports | 1 |
| PED 434 Statistics & Assessment in Phys. Ed. | 3 |
| TOTAL | 15 |
| <u>TOTAL FOR BOTH SEMESTERS</u> | 36 |

| <u>Third Semester</u> | <u>Credit-Hours</u> |
|---|---------------------|
| EDU 355 The Physical Education Curriculum: Planning and Practice (Prereq. EDU 255/256) | 3 |
| EDU 454 Pre-Student Teaching Conference | 0.5 |
| EDU 470 WI Foundations of Modern Education | 3 |
| EXS 397 Exercise Physiology I (Prereq. BIO 301, 302) | 3 |
| PED 356 Adapted Physical Education & Sport | 3 |
| PED 366 Basketball | .5 |
| PED 368 Football | .5 |
| PED 371 Soccer | .5 |
| PED 372 Softball | .5 |
| TOTAL | 15.5 |

| <u>Fourth Semester</u> | <u>Credit-Hours</u> |
|--|---------------------|
| EDU 455 Student Teaching Seminar in Phys. Ed. | 0.5 |
| EDU 456 Student Teaching in Physical Education | 14 |
| TOTAL | 14.5 |

GRAND TOTAL 66

*PED 308 - Outdoor Adventure Education Practicum is an experiential based course designed to train future educators toward incorporating methods of outdoor adventure education into the physical education curriculum. The course is a two week intensive session which normally occurs in the summer between the student's junior & senior year. It is conducted approximately 150 miles from the main campus at Cortland College's outdoor education facility at Raquette Lake in the heart of the Adirondack mountains. A fee is charged for instruction and room & board. Any questions should be directed toward your advisor or the current Outdoor Education Practicum Director (Tom Quinn, E339, #4905).