Former Red Dragon Tammie Miller Selected to NCAA 25th Anniversary Women’s Outdoor Track and Field Team

Former SUNY Cortland track and field standout Tammie Miller has been selected to the National Collegiate Athletic Association (NCAA) Division III Women’s Outdoor Track and Field Silver Anniversary Team. The team, selected by the U.S. Track and Field and Cross Country Coaches Association, commemorates the 25th anniversary of women competing in the NCAA outdoor track and field championships.

Miller, a native of Groton, N.Y., and a 1994 Cortland alumna, was chosen as the 3,000-meter run competitor on the team. She won three consecutive national titles in the event from 1992-94. One athlete was selected for each NCAA track and field event.

Miller was also a top-notch performer for the Red Dragons in cross country and indoor track. She was a three-time cross country All-American, placing second nationally in 1993, fifth in 1992 and eighth in 1991. She was a member of three Cortland national championship teams (1990, 1992 and 1993) and a national runner-up finish (1991). Miller also earned four indoor track All-America honors – two in the 5,000 meters (third in 1993, fifth in 1992) and two in the 1,500 meters (third in both 1993 and 1994).

Miller, now Tammie Bernhardt, currently resides in Groton with her husband, Charles, and their two children. She competed in track, basketball and soccer at Groton High School and is a member of the school’s Athletic Hall of Fame.

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