2004 Season Preview

Half of the 2004 Cortland women’s soccer roster is new. So, is the glass half empty or is it half full? Despite last season’s disappointing 8-9-2 record and loss in the SUNYAC quarterfinals, first-year head coach Heidi Woodcock sees the glass as brimming over with possibilities of returning the program to the power it once was. Woodcock brings a positive attitude bred by great success during her collegiate career, where her team was a regular in the NCAA playoffs and she earned All-America honors.

Of the dozen new faces on the team, eight are freshmen, one is a sophomore and three are juniors. Overall, there are only three seniors on the squad, which lends promise to the future. But Woodcock is ready to turn the corner in 2004 and establish Cortland as a force in the SUNYAC and the state right now. Fortunately, she has the right tools with which to work.

Goalkeeper Christa Windhorst is one of the three seniors and a team captain. Last year, Windhorst stepped into the lineup and started each game, posting an 8-9-2 record with a 1.74 goals against average, a .766 save percentage, one solo shutout and four shared shutouts. Expect her to improve on those numbers in 2004. Junior Katie Killion is in her third year with the program and has played well in her time in the goal. Last season, Killion saw action in five games and registered a 0.88 GAA with an .800 save percentage and four shared shutouts. Freshman Shannon Burrows earned first team all-league honors three times while at Honeoye Falls-Lima High School.

Defensively, the Red Dragons will have a new look in 2004. Gone are four seniors from last season, and junior Gabby Hajduk is making the transition from forward. Hajduk is a strong, physical player and should step into a starting role. Sophomore Kendra Ryerson, who saw action in 16 games with eight starts in 2003, is a quick defender on the outside and should see plenty of playing time this season.

Junior Katie Dunn enters her second year on defense after making the switch from forward as a sophomore. That leaves four freshmen vying for time on the field, with a starting role possible. Colleen Martin was a four-year starting sweeper at Ward Melville High School, earning all-league and all-conference honors twice. Meredith Petrecki was a member of the Shenendehowa High soccer team that won a sectional title and was a state finalist her senior year. Michelle Lauria was a two-year starting sweeper at Webster Thomas, where she earned honorable mention All-Greater Rochester honors as a junior and senior. Kalli Anctil was a three-year starter at Eastchester High School, garnering honorable mention all-section honors twice.

Last season’s midfield unit was young, which translates to more experienced in 2004. Senior captain Bonnie McMillan played in all 19 games last season with 12 starts and was third on the team with five assists. Now in her fourth year with the program, she’ll be expected to lead the team on and off the field. Juniors Kelsey Geary and Dyan Voorhees started 18 and 19 games, respectively last season. Geary was a second team All-SUNYAC selection and led the team with 12 assists in 2003. An exceptional playmaker in the central midfield, Geary should continue to climb up the career assist list at Cortland. Voorhees has been steady on the right side of the midfield in her first two seasons. With her athleticism, she’s able to push the ball forward and make a quick transition to the defensive side of the field when needed.

Sophomore Lauren Sopko saw immediate playing time as a freshman. She appeared in all 19 games, including seven starts, in 2003 and could vie for a starting spot on the left side. A pair of junior transfers, Gennelle Frey and Christine Glovasky, will compete for immediate playing time. Frey was an all-conference and all-region midfielder at Monroe Community College, while Glovasky was a two-year starter at Broome Community College and helped her team win two conference crowns.

Even with the experience in the midfield, two freshmen, Ilona Szoyori and Shelly VanDusen, will push the others for playing time. Szoyori, a physical presence in the central midfield, was a two-time team MVP at Saugerties High School. VanDusen, a skilled speedster, was a four-year starter at West Canada Valley and earned multiple all-star honors in her career.

Senior Angela Bruno heads the list of Red Dragon forwards. Bruno enters 2004 ranked 20th in career scoring at Cortland with 49 points and will work her way up the list before the season is through. Bruno scored 13 goals and an assist in 16 games last season. Sophomore Andrea Marino was named the SUNYAC First Year Player of the Year and honorable mention All-SUNYAC after scoring 21 points on seven goals and seven assists in 2003. The third returning forward is junior Kelli Oswald, who moves up from the midfield. Oswald enjoyed a very successful freshman year with nine points before being limited to eight games in 2003.

A trio of newcomers rounds out the forwards. Junior Marie Valentino put up big numbers at Tompkins-Cortland Community College, including five three-goal games in 2003. Sophomore Jacki Hutchins was a five-year starter at Elizabethtown-Lewis Central School, where she set a school record for career points. Freshman Kelly Perkins was a three-year member of the soccer team at Kenmore West as a central midfielder and makes the transition to forward this season.

This season offers a fresh perspective on the Cortland women’s soccer team. A new head coach, a roster filled with new faces and a renewed commitment to success highlight the 2004 campaign. If all the components come together, the Red Dragons can celebrate a return to prominence and prove that the glass was always half full.

Senior captain Bonnie McMillan.

Senior goalkeeper Christa Windhorst.

Junior midfielder Dyan Voorhees.

Senior forward Angela Bruno.
Coaching Staff

Heidi Woodcock
Head Coach

Heidi Woodcock enters her first season as the interim head coach of the Cortland women’s soccer program after serving as an assistant coach for the Red Dragons during the spring of 2004. Prior to Cortland, Woodcock coached the Liverpool High School girls’ junior varsity soccer team in the fall of 2003 and was an assistant coach for the bronze medal-winning Central Region women’s open soccer team at the 2004 Empire State Games.

Woodcock is a 2002 graduate of Nazareth College, where she earned her bachelor’s degree in psychology and was a starting sweeper for the nationally ranked women’s soccer program. As a senior, she was named a second team All-American and the Empire 8 Player of the Year. Woodcock was also a two-time all-region and three-time all-state and all-conference selection.

A native of Liverpool, N.Y., Woodcock graduated from Liverpool High School in 1998. She earned all-state, All-Central New York and all-league honors in soccer and was a member of the track and field team.

Woodcock and her husband, Brett, a former Le Moyne College baseball player, currently reside in Liverpool.

Melissa Buonvecchio
Assistant Coach

Melissa Buonvecchio begins her first season as an assistant coach for the Cortland women’s soccer program in 2004.

Buonvecchio earned a Bachelor of Arts degree from William Smith College in 2003. She was a four-year member of the women’s soccer team as a goalkeeper and received the Aliceann Wilber and Melissa Mulliken Awards during her playing career. In 2003, the team reached the NCAA final four. Buonvecchio also played guard on the Herons’ women’s basketball team for two seasons.

Buonvecchio, who currently resides in East Syracuse, N.Y., graduated from East Syracuse-Minoa High School in 1999, where she competed in soccer, basketball and softball.

### Cortland Women’s Soccer All-Time Coaching Records

<table>
<thead>
<tr>
<th>Coach</th>
<th>Years Coached</th>
<th>W-L-T</th>
<th>Pct.</th>
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<tr>
<td>Anna Rush</td>
<td>1978-80</td>
<td>38-4-1</td>
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<td>Ron Hanson</td>
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<td>.775</td>
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<td>Chris Malone</td>
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<td>Janine Corning</td>
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<td>Laura Ray</td>
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<td>Totals</td>
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<td>348-113-50</td>
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For more information on the SUNY Cortland Women’s Soccer program, please contact:

Heidi Woodcock, Women’s Soccer Head Coach
SUNY Cortland, R.O. Box 2000
Cortland, NY 13045
(607) 753-5715
woodcockh@cortland.edu

Web Site: http://www.cortland.edu/athletics/wsoccer

2004 Cortland Women’s Soccer Captains (left to right): Bonnie McMillan, Christa Windhorst, Kelsey Geary.
Team Roster

<table>
<thead>
<tr>
<th>No.</th>
<th>Name</th>
<th>Pos.</th>
<th>Yr.</th>
<th>Ht.</th>
<th>Hometown/High School</th>
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<tr>
<td>00</td>
<td>Katie Killion</td>
<td>G</td>
<td>Jr.</td>
<td>5-5</td>
<td>Amherst/Williamsville North</td>
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<td>G</td>
<td>Fr.</td>
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<td>Christa Windhorst</td>
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<td>Sr.</td>
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<td>Lancaster/Lancaster</td>
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<td>Dyan Voorhees</td>
<td>M</td>
<td>Jr.</td>
<td>5-6</td>
<td>Baldwinsville/C.W. Baker</td>
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<td>Kelsey Geary</td>
<td>M</td>
<td>Jr.</td>
<td>5-5</td>
<td>Ogdensburg/Ogdensburg</td>
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<td>Jr.</td>
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<td>Lockport/Starpoint</td>
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<td>5</td>
<td>Colleen Martin</td>
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<td>Fr.</td>
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<td>6</td>
<td>Kalli Anctil</td>
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<td>Jr.</td>
<td>5-4</td>
<td>Oswego/Oswego</td>
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<td>Jr.</td>
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<td>Angela Bruno</td>
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<td>Lewis/Elizabethtown-Lewis</td>
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<td>Michelle Lauria</td>
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<td>So.</td>
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<td>Fr.</td>
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<td>Fr.</td>
<td>5-5</td>
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<td>24</td>
<td>Marie Valentino</td>
<td>F</td>
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Interim Head Coach: Heidi Woodcock (Nazareth ’02), 1st Year
Assistant Coach: Melissa Buonvecchio
Athletic Training Students: Saburo Hagihara, Matt Hamilton
Captains: Kelsey Geary, Bonnie McMillan, Christa Windhorst
2003 Record: 8-9-2

Player Profiles

**Angela Bruno**
Senior, Forward
Syracuse, NY
Major: Education

2003: Angela saw action in 16 games with 15 starts...Fourth on the team with 13 points...Third with six goals...Tied for the team lead with two game-winning goals...Scored both goals in a 2-2 tie with Elmira...Netted the only goal in a 1-0 victory over New Paltz...Scored the game winner in a 3-2 win against Brockport...

2002: Played in all 18 games, starting 14...Tied for the team lead with nine goals and 22 points, earning second team All-SUNYAC honors...Led the team with five game winners...Had two four-goal scoring streaks, all Cortland wins...Scored the game-winning goals in back-to-back 1-0 wins over Plattsburgh and Geneseo...

2001: Saw action in all 20 games...Second on the team in scoring with 14 points...Tied for second on the team with five goals and second on the team with four assists...Picked up an assist in her first collegiate game...Scored her first collegiate goal in a 3-2 loss to Nazareth...Had a goal and an assist in a 9-1 win at Potsdam...

Career: 54 games played...49 points on 20 goals and nine assists...Ranked 20th in school history in career scoring...

High School: A 2001 graduate of West Genesee, where she was a member of the high honor roll...Three-year starting forward on soccer team...Team crowned as co-sectional champions her senior season...Team MVP and Coaches Award recipient...Three-year member of the cheerleading squad as a flyer...

Parents: Deborah Pagano and John Bruno


**Katie Dunn**
Junior, Defender
Lockport, NY
Major: Exercise Science

2003: Katie switched to defender for the 2003 season...Saw action in seven games...

2002: Appeared in 12 games...Registered six points on two goals and two assists...Picked up both assists in a 7-0 win over SUNYIT...Scored her first collegiate goal in a 7-0 victory over Oswego...

Career: 19 games played...Six points on two goals and two assists...

High School: A 2002 graduate of Starpoint, where she was a member of the honor roll and class president...Four-year member of soccer
Player Profiles

Kelsey Geary
Junior, Midfield
Ogdensburg, NY
Major: Physical Education

Kelsey has been selected as one of three team captains for the 2004 season...2003: Earned second team All-SUNYAC honors for the second year in a row...Started and played in 18 games...Led the team with 12 assists...Added three goals...Third in scoring with 18 points...Had a goal and two assists in a 6-0 win over Buffalo St...Tied a school record with three assists in wins over SUNYIT and Potsdam...Assisted on the game-winning goal against Christopher Newport...2002: Started 16 of the 18 games she played...Earned second team All-SUNYAC honors...Scored 11 points and led the team with seven assists...Scored the game-winning goal and added an assist in a win over Oswego...Recorded a goal and two assists in a 5-0 victory over Buffalo St...Career: 36 games played...29 points on five goals and 19 assists...High School: Graduated from Ogdensburg Free Academy in 2002, where she was a member of the Student Council and the Honor Society and awarded Presidential Scholarship...Four-year starter in soccer...All-state selection as a senior...Three-year starting guard in basketball...Earned second team All-Northern honors...Scholar Athlete...Named first team All-Northern in softball...Parents: Linda and Kelley Geary Brothers/Sisters: Ryan, Megan...Megan played soccer at Plattsburgh.

Gabby Hajduk
Junior, Defender
Pearl River, NY
Major: History
2003: Gabby’s playing time was limited due to injury...Saw the field in 15 games with five starts...2002: Saw action in 14 games with one start...Scored seven points on two goals and three assists...Registered first collegiate point with an assist in a win over Fredonia...Had two goals and an assist in a victory over Oswego...Career: 29 games played...Seven points on two goals and three assists...High School: A 2002 graduate of Pearl River, where she was a member of the Honor Society...Two-year starter on soccer team...Team captain, all-league and honorable mention all-state selection...Three-year starter in lacrosse...Named Most Dedicated and all-league...Parents: Olga and Benjamin Hajduk Brothers/Sisters: Jeannette, Alexandra.

Katie Killion
Junior, Goalkeeper
Amherst, NY
Major: Physical Education
2003: Katie appeared in five games...Shared in four shutouts...Recorded a 0.88 GAA with an .800 save percentage and eight saves...Made a career-high four saves in 45 minutes of action in a 6-0 win over Buffalo St...2002: Saw action in six games off the bench...Shared in five shutouts on the season...Posted a 0.46 GAA with an .875 save percentage and seven saves...Made a season-high three saves in 45 minutes against Buffalo St...Career: 11 games played...0.68 GAA, .833 save percentage and 15 saves...High School: A 2002 graduate of Williamsville North, where she was a member of the Student Council...Four-year starter on soccer team...Two-time ECIC Division I All-Star...Played basketball for two seasons...Starting goalie on the lacrosse team for one season...Parents: Patricia and Al Killion Brothers/Sisters: Matthew, Alex, Nicole, Erin, Michelle.

Andrea Marino
Sophomore, Forward
Utica, NY
Major: Physical Education
2003: Andrea was named the SUNYAC First Year Player of the Year and honorable mention All-SUNYAC...Played in all 19 games with 18 starts...Second on the team in scoring with 21 points on seven goals and seven assists...Tied for the team lead with two game-winning goals...Scored the game winner against Manhattanville in her first collegiate game...Scored the first two goals of the game in a 6-0 win over Buffalo St...Tallied Cortland’s lone goal in losses to Mary Washington and Plattsburgh...Had a goal and two assists in a 5-0 win over Potsdam...Assisted on the game-winning goals against Brockport and New Paltz...High School: A 2003 graduate of Mount Markham, where she earned two scholarships...Four-year starter in soccer...Named Offensive MVP, all-area and All-Mohawk Valley...Four-year starter in basketball...Three-year starting shortstop in softball...Competed in track for one season...Named first team all-star in all four sports...Parents: Rachel and Terry Gras, Kirsten and Anthony Marino...Stepfather Terry Gras played baseball at Le Moyne and Utica...Brothers/Sisters: Michael, Dia, Victoria, Frangelia.
**Bonnie McMillan**  
**Senior, Midfield**  
**Massapequa, NY**  
**Major: Childhood Educ.**  
Bonnie has been selected as one of three team captains for the 2004 season... 
**2003:** Played in all 19 games, including 12 starts...Collected five assists, third best on the team...Tied a school record with three assists in a 9-0 win over SUNYIT...**2002:** Saw action in 16 games, including six starts...Recorded two assists on the season...Assisted on Cortland’s first goal of the season in a 2-1 win over Manhattanville...Picked up an assist in a 5-0 shutout of Buffalo St...**2001:** Played in all 20 games, starting four...Scored two goals on the season, both game winners...First collegiate goal came in a 4-1 win at Fredonia...Scored the only goal in the Red Dragons’ 1-0 won over Oswego, clinching second place in the SUNYAC...**Career:** 55 games played...11 points on two goals and seven assists...**High School:** Graduated from Massapequa in 2001, where she was a member of the honor roll and National Honor Society...Played two years of soccer...Team won county title her junior year...Exceptional Senior and all-class selection in 2000...Four-year member of the gymnastics team...Four-time all-county performer...Won the Marilyn Schnaars Award for the senior with the highest all-around score...Named all-conference as a senior...**Parents:** Anita and Chet McMillan **Brothers/Sisters:** Scott, Lisa...Scott played soccer at Albany and Nassau Community College.

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**Kendra Ryerson**  
**Sophomore, Defender**  
**Commmack, NY**  
**Major: Special Education**  
2003: Kendra played in 16 games with eight starts, most late in the season...**High School:** A 2003 graduate of Commmack, where she was a scholar athlete and a member of the National and Spanish Honor Societies, the Girls’ Leaders Corp and the high honor roll...Three-year starter in soccer...Earned all-league, all-conference, all-county and all-state honors as a senior...Team captain as a senior...Competed on the indoor and outdoor track and field squads for four seasons...Two-time all-league performer...Team captain and MVP as a senior...**Parents:** Joan and Ken Ryerson **Brothers/Sisters:** Gene, Carissa, Jenna.

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**Kelli Oswald**  
**Junior, Forward**  
**Oswego, NY**  
**Major: Physical Education**  
2003: Kelly saw action in eight games...Scored three points on a goal and an assist...Assisted on Cortland’s only goal versus Plattsburgh...Tallied the game’s final score in a 5-0 win at Potsdam...**2002:** Started 11 of the 14 games in which she played...Fifth on the team in scoring with nine points on four goals and an assist...Scored twice, including the game winner, in a victory over SUNYIT...Converted Cortland’s only penalty kick of the season in a win over Potsdam...Had a goal and an assist against Brockport...**Career:** 22 games played...12 points on five goals and two assists...**High School:** A 2002 graduate of Oswego...Four-year starter on soccer team...Named first team all-league and All-CNY as a senior...Also competed in volleyball and softball...**Parents:** Cindy and Dave Oswald **Brothers/Sisters:** Jason, Kimberly.

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**Lauren Sopko**  
**Sophomore, Midfield**  
**Rochester, NY**  
**Major: Physical Education**  
2003: Lauren played in all 19 games with seven starts...Registered one assist on the season in a win over Buffalo St...**High School:** A 2003 graduate of Greece Athena...Three-year member of the soccer team...Four-year starting point guard in basketball...Named second team all-county and played in Exceptional Senior game...Team reached state final four her senior season...**Parents:** Kathy and Don Sopko **Brothers/Sisters:** Brian, Matthew.

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**Dyan Voorhees**  
**Junior, Midfield**  
**Baldwinsville, NY**  
**Major: Childhood Educ.**  
2003: One of only five players to start all 19 games...Recorded one assist on the season in a win over Buffalo St...**2002:** Appeared in 17 games, including one start...Collected one assist on the season in a 7-0 blanking of Oswego...**Career:** 36 games played...Two points on two assists...**High School:** A 2002 graduate of C.W. Baker...Three-year starter on soccer team...Earned second team all-league honors as a sophomore and junior and first team all-league accolades as a senior...Played basketball for two seasons...Three-year member of the lacrosse team...First team all-league and second team All-CNY selection as a junior...Team won state title her sophomore year...**Other:** Starting defender on Cortland women’s lacrosse team...Has started every game in her career...**Parents:** Debbie and Kevin Voorhees **Brothers/Sisters:** Nathan, Meghan.
Christa Windhorst
Senior, Goalkeeper
Lancaster, NY
Major: Human Service
Christa has been selected as one of three
team captains for the 2004 season...
2003: Started all 19 games...Posted an
8-9-2 record with a 1.74 GAA, a .766 save percentage,
98 saves and one shutout...Shared in four other
shutouts...Registered a shutout against Manhattanville
in her first game as a Red Dragon...Made a season-high
11 saves in a 3-1 win over Christopher Newport...
Stopped 10 shots in a 1-0 loss versus William Smith...
Recorded eight saves against 11th-ranked Oneonta...
Prior to Cortland: Attended Monroe Community
College, where she was a two-year starting goalie on
the soccer team...Team captain as a senior...Team won
junior college national title her junior year...High
School: Graduated from Lancaster in 2001, where she
was a member of the Honor Society...Five-year starting
goalie in soccer...Team MVP, captain and All-ECIC
selection...Three-year member of the lacrosse team...
Named Best Attacker...Parents: Sue Corrie, Mike
Windhorst...Both are Cortland graduates...Father played
football and baseball at Cortland...Brothers/Sisters: Erik, Kim.

Gennelle Frey
Junior, Midfield
West Henrietta, NY
Major: Physical Education
Prior to Cortland: Gennelle attended
Monroe Community College, where she
was a member of the soccer team...Team
reached national finals...Earned all-conference and all-
region honors...High School: A 2002 graduate of Rush-
Henrietta...Five-year member of the soccer team...
Earned first team all-county honors...Other: Competed
in soccer at the Empire State Games...Parents: Kimberly and Michael Frey
Brothers/Sisters: Nicholas.

Christine Glovasky
Junior, Midfield
Binghamton, NY
Major: Elementary Education
Prior to Cortland: Christine attended
Broome Community College...Member
of the Dean's and President's Lists...Two-
year starter on the soccer team...Team won two confer-
ence titles...Finished as national runnerup once...High
School: Graduated from Seton Catholic Central in
2002, where she was a member of the honor roll...
Three-year starter in soccer...Team won a state title her
senior season...Parents: Sharon and Richard Glovasky
Brothers/Sisters: Sarah.

Kalli Anctil
Freshman, Defender
Eastchester, NY
Major: Athletic Training
High School: Kalli is a 2004 graduate of
Eastchester, where she was a member of the
Italian Honor Society, three-year class
treasurer and school treasurer as a senior...Three-year
starter in soccer...Team captain as a senior...Earned
honorable mention all-section honors as a senior...
Three-year starting middle hitter in volleyball...Earned
honorable mention all-section honors...Other: ODP
team won the gold medal at the Dana Cup in
Denmark...Parents: Cyndi and Nicholas Anctil.

Michelle Lauria
Freshman, Defender
Webster, NY
Major: Athletic Training
High School: Michelle graduated from
Webster Thomas in 2004, where she was
a member of the National Honor Society
and the high honor roll...Two-year starting sweeper in
soccer...Two-time All-Greater Rochester and all-county
selection...Parents: Therese Donovan and Rich Lauria
Brothers/Sisters: David, Claire, Caitlin.
Colleen Martin
Freshman, Defender
Centereach, NY
Major: Physical Education
High School: Colleen is a 2004 graduate of Ward Melville, where she was a member of the National Honor Society and the high honor roll. Four-year starting sweeper on the soccer team. Two-time all-league and all-conference selection. Named to Exceptional Senior Team. Four-year member of the indoor track and field team. Earned all-league honors four times in the triple jump and 55-meter hurdles. Earned all-county honors in the triple jump. Five-year member of the outdoor track and field team. Earned all-county honors four times in the pentathlon. Earned all-league honors five times in the triple jump, 100-meter hurdles and 400-meter hurdles.
Other: Placed third in the scholastic division in the heptathlon at the 2003 Empire State Games and second in the open division in the heptathlon at the 2004 Empire State Games. Parents: Diane and John Martin. Brothers/Sisters: John, Tim.

Kelly Perkins
Freshman, Forward
Buffalo, NY
Major: Elementary Education
High School: Kelly is a 2004 graduate of Kenmore West. Three-year member of the soccer team. Competed in indoor and outdoor track and field for four years in the high jump, triple jump and hurdles. Team captain in both as a senior. Parents: Margaret and David Perkins. Brothers/Sisters: Chad, Ryan, Kim.

Meredith Petrecki
Freshman, Defense
Clifton Park, NY
Major: Undeclared
High School: Meredith graduated from Shenendehowa in 2004, where she was a member of the student council. Two-year member of the soccer team. Received Coaches Award as a junior. Team won regional and sectional titles and was a state finalist her senior season. Two-year starter in soccer at Catholic High. Earned all-league honors twice. Team was two-time Big 10 finalist. Competed in track and field for one season at Catholic High. Big 10 100-meter champion. Competed in sectionals. Parents: Michelle and Mark Petrecki. Father played hockey at Babson. Brothers/Sisters: Nicholas.

Ilona Szotyori
Freshman, Midfield
Saugerties, NY
Major: Athletic Training
High School: Ilona graduated from Saugerties in 2004, where she was a member of the National Honor Society, Key Club, math team and the high school band. Three-year starter in soccer. Two-time captain and Team MVP. Received Section Nine Coaches Choice Award in 2002. Played one season of lacrosse and competed in track and field for one season. Parents: Rita and Levente Szotyori. Brothers/Sisters: Liz, who is a Cortland graduate and played for the Cortland women’s soccer team for three seasons.

Marie Valentino
Junior, Forward
Ithaca, NY
Major: International Studies
Prior to Cortland: Marie attended Penn St. and Tompkins-Cortland Community College. Played one year of soccer at TC3. Earned all-conference honors. Finished 11th nationally in scoring. Had five three-goal games. Set school records for single-season goals and points and career goals. High School: A 2002 graduate of Ithaca, where she was a member of the National Honor Society. Four-year member of the soccer team. Earned all-conference and all-division honors. Two-year starter in lacrosse. Earned all-conference and all-division honors. Parents: Dorothy and Michael Valentino. Brothers/Sisters: Carl, Kathleen.

Shelly VanDusen
Freshman, Midfield
Schuyler, NY
Major: Physical Education
High School: Shelly graduated from West Canada Valley in 2004, where she was a member of the National Honor Society and received Lottery and Physical Education Scholarships. Four-year starter in soccer. Two-time team captain. Section Three Class C, Mohawk Valley and CSC all-star. Holds school records for most assists in a season and career. Four-year starting point guard in basketball. Two-time team captain. Mohawk Valley and CSC all-star. Played in Zebra Classic. Holds school records for most assists in a season and career. Four-year member of the softball team. Two-time team captain. Section Three Class C and CSC all-star. Parents: Diane and Robert VanDusen. Brothers/Sisters: Ryan, Kaylin. Kaylin currently attends Cortland and is a member of the Red Dragon women’s basketball team.
## 2003 Statistics/Results

### Player Statistics

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### Schedule

**Date** | **Opponent** | **Score**
--- | --- | ---
Aug. 30 | MANHATTANVILLE | W 3-0
Sep. 3 | at Rochester | L 0-4
Sep. 6 | at St. Lawrence | L 1-2
Sep. 13 | + at Mary Washington | L 1-4
Sep. 14 | + Cabrini | W 3-1
Sep. 17 | * SUNYIT | W 9-0
Sep. 26 | * at Plattsburgh | L 1-5
Sep. 27 | * at Potsdam | W 5-0
Oct. 3 | * BROCKPORT | W 3-2
Oct. 4 | * GENESEO | L 0-1
Oct. 7 | ITHACA | L 2-3
Oct. 10 | * NEW PALTZ | W 1-0
Oct. 11 | * ONEONTA | L 0-3
Oct. 17 | * at Buffalo St. | W 6-0
Oct. 18 | * at Fredonia | T 2-2 (2OT)
Oct. 22 | * OSWEGO | W 2-1 (OT)
Oct. 25 | at Elmira | T 2-2 (2OT)
Nov. 1 | WILLIAM SMITH | L 0-1
Nov. 3 | # BROCKPORT | L 0-1

---

**HOME GAMES IN BOLD CAPS**

* SUNYAC game
+ Mary Washington (VA) Tournament
# SUNYAC Quarterfinals (at Cortland)

---

Sophomore forward Andrea Marino was named the SUNYAC First Year Player of the Year in 2003 after scoring 21 points, the most by a Cortland freshman since Janet Urban in 1992.
2003 Game-by-Game Recaps

Cortland 3, Manhattanville 0
(Aug. 30; Cortland, NY)
Andrea Marino scored on her first collegiate shot in the 11th minute, and Jodie Gabel and Kelsey Geary each registered a goal and an assist as the Red Dragons dominated the Valiants. Cortland outshot Manhattanville 37-5, and Christa Windhorst was forced to make just one save in earning the shutout in her first game as a Red Dragon.

Rochester 4, Cortland 0
(Sept. 3; Rochester, NY)
Rochester scored two goals in the first 12 minutes to take control of the game. The Yellowjackets outshot Cortland 11-1 in the opening half and sealed the game with goals in the 64th and 66th minutes. Christa Windhorst made five saves in goal for the Red Dragons.

St. Lawrence 2, Cortland 1
(Sept. 6; Canton, NY)
After Cortland took a 1-0 halftime lead on Jodie Gabel's unassisted goal from the top of the box in the 20th minute, the Saints netted two second-half goals to earn the victory. A breakaway score in the 88th minute proved to be the game winner for St. Lawrence. Christa Windhorst stopped six shots for the Red Dragons.

Mary Washington 4, Cortland 1
(Sept. 13; Fredericksburg, VA)
Mary Washington scored just 40 seconds into the game en route to the win in the opening round of their own invitational. Andrea Marino scored her second goal of the season in the 77th minute to get the Red Dragons on the scoreboard, but Mary Washington closed out the scoring in the 88th minute for the final margin. Christa Windhorst registered seven saves for Cortland.

Cortland 3, Christopher Newport 1
(Sept. 14; Fredericksburg, VA)
After Christopher Newport took a 1-0 lead into intermission, the Red Dragons netted three goals in a 13-minute span in the second half to earn the win at the Mary Washington Tournament. Andrea Marino scored in the 56th minute and Jodie Gabel in the 69th minute. Gabel also added an assist, and Christa Windhorst made a season-high 11 saves.

Cortland 9, SUNYIT 0
(Sept. 17; Cortland, NY)
The Red Dragons improved to 3-3 overall and 1-0 in the SUNYAC with the convincing win. Kelsey Geary and Bonnie McMillan tied a school record with three assists each, while Jodie Gabel recorded two goals and two assists and three Red Dragons -- Cici Carter, Sue Lendzian and Theresa Sime -- each scored her first collegiate goal. Christa Windhorst and Katie Killion shared the shutout.

Plattsburgh 5, Cortland 1
(Sept. 26; Plattsburgh, NY)
Plattsburgh scored the game's first five goals, including three in the opening half, to end Cortland's modest two-game winning streak. Kelli Oswald set up Andrea Marino's goal in the 78th minute for the Red Dragons. Christa Windhorst and Katie Killion each played a half in goal.

Cortland 5, Potsdam 0
(Sept. 27; Potsdam, NY)
The Red Dragons rebounded with a rout of the Bears on the road. Jodie Gabel scored the first three goals of the game, all in the first half, raising her team lead to eight. Kelsey Geary matched the school record for assists in a game with three for the second time in 2003. Andrea Marino contributed a goal and two assists, and Kelli Oswald netted the game's final goal in the 76th minute.

Cortland 3, Brockport 2
(Oct. 3; Cortland, NY)
Cortland rallied from a 2-1 halftime deficit with a pair of second-half goals to secure the conference win. Jodie Gabel gave the Red Dragons a 1-0 lead in the 13th minute on a 20-yard curling shot in the wind. Cortland tied it in the 54th minute on an own goal as a Brockport player headed the ball into her own net, and Angela Bruno tallied the game winner in the 86th minute when she deposited a rebound in the right corner of the goal. Christa Windhorst earned the victory with five saves.

Geneseo 1, Cortland 0
(Oct. 4; Cortland NY)
The Red Dragons fell to 5-5 overall and 3-2 in the SUNYAC with the loss. The game's only goal came on a low shot from 15 yards out after a corner kick in the 62nd minute. The contest was played in a steady rain on a slick field and scoring chances were at a premium. Cortland had a goal disallowed with just two seconds remaining in the opening half due to a foul. Christa Windhorst made four saves.
2003 Game-by-Game Recaps

Ithaca 3, Cortland 2
(Oct. 7; Cortland, NY)
Ithaca netted the game’s final three goals to spoil the Red Dragons’ upset bid. Addie King gave Cortland a 1-0 lead in the 28th minute on a one-time shot from 28 yards out. Jodie Gabel tallied her 10th goal of the season on a 15-yard header off Kelsey Geary’s free kick in the 43rd minute to put the Red Dragons ahead 2-0. The Bombers stole the momentum with a goal 47 seconds before intermission and another just 17 seconds after halftime and scored the game winner in the 76th minute. Christa Windhorst stopped seven shots.

Cortland 1, New Paltz 0
(Oct. 10; Cortland, NY)
Although the Red Dragons dominated play, outshooting the Hawks 34-8, they could only manage an early first-half goal in the win. Andrea Marino set up Angela Bruno’s 10-yard one-time shot inside the right post in the 10th minute and Cortland’s goalie tandem of Christa Windhorst and Katie Killion were forced to make just one save between them, keeping the Hawks winless in league play.

Oneonta 3, Cortland 0
(Oct. 11; Cortland, NY)
Eleventh-ranked and unbeaten Oneonta controlled most of the game, outshooting Cortland 23-5 and holding a decisive 14-1 advantage in corner kicks, en route to the win. Christa Windhorst made eight saves for the host Red Dragons, who saw their record fall to 6-7 overall and 4-3 in the conference.

Cortland 6, Buffalo St. 0
(Oct. 17; Buffalo, NY)
The Red Dragons surged out to a 4-0 halftime lead on their way to the important conference victory. Andrea Marino and Jodie Gabel each scored twice, while Kelsey Geary contributed a goal and two assists. Marino scored the first two goals of the game in the 13th and 21st minutes. Christa Windhorst made two saves in the opening 45 minutes, and Katie Killion stopped a season-high four shots in the second half.

Cortland 2, Fredonia 2 (2OT)
(Oct. 18; Fredonia, NY)
An early scoring flurry ended with Cortland taking a 2-1 lead in the 17th minute of the game. Kelsey Geary put the Red Dragons ahead 1-0 in the 10th minute when she converted a penalty kick. After Fredonia tied the game at 1-1 in the 17th minute, Jodie Gabel responded with her 13th goal of the season just 30 seconds later. The Blue Devils tied the game in the 53rd minute. Christa Windhorst made five saves.

Cortland 2, Oswego 1 (OT)
(Oct. 22; Cortland, NY)
Cortland clinched fourth place in the SUNYAC with the dramatic come-from-behind win. In a steady snowfall, Cici Carter ended the game when she scored on a breakaway 5:43 into overtime. Carter received a pass near midfield, dribbled down the left wing, beat a defender then tucked a shot inside the right post for the game winner. Oswego had taken a 1-0 lead in the 34th minute, but Cortland’s Jen Crook tied the game in the 65th minute off a Kelsey Geary corner kick. The Red Dragons nearly won the game with less than 10 seconds remaining in regulation, but Jodie Gabel’s shot was turned away at the goal line by an Oswego defender.

Cortland 2, Elmira 2 (2OT)
(Oct. 25; Elmira, NY)
Angela Bruno scored a pair of goals, including the game-tying effort off an assist from Andrea Marino in the 85th minute, to help the Red Dragons earn the tie on the road. Both of Bruno’s goals came in the second half and her second score came just 20 seconds after the Soaring Eagles had taken a 2-1 lead. Christa Windhorst turned aside seven shots.

William Smith 1, Cortland 0
(Nov. 1; Cortland, NY)
The Red Dragons concluded their regular season with a solid effort against the 21st-ranked Herons. The only goal came in the 66th minute on a 15-yard one-time shot to the lower right corner. Christa Windhorst, who stopped 10 shots in the game, kept the contest scoreless with three outstanding saves late in the first half. Angela Bruno nearly scored the equalizer in Cortland’s first possession after William Smith’s goal, but her shot rang off the left post.

Brockport 1, Cortland 0 (SUNYAC Quarterfinals)
(Nov. 3; Cortland, NY)
Brockport avenged its regular-season 3-2 loss to the Red Dragons with the victory. The game’s only goal came from eight yards out in the 71st minute. Cortland had two good opportunities to tie the game, but Jodie Gabel’s 23-yard shot in the 76th minute sailed just wide left and Dyan Voorhees’ header in the 77th minute was turned aside by the Brockport goalkeeper.
CORTLAND

INDIVIDUAL RECORDS

Individual Scoring (Season)

Most Goals:
38, Heather Brendel, 1978 (11 games)

Most Assists:
17, Lori Beesmer, 1984 (20 games)

Individual Scoring (Game)

Most Goals:
6, Heather Brendel vs. Castleton St., 1978

Most Assists:
3, held by many players
(last, Kelsey Geary vs. Potsdam, 2003)

Goalie Records (Career)

Most Shutouts:
43, Missy Samuels, 1989-92 (81 games)

Most Saves:
263, Ali Gray, 1999-02 (52 games)
244, Missy Samuels, 1989-92 (81 games)
237, Margot Weille, 1997-00 (69 games)
223, Toni Bader, 1996-99 (60 games)
* 199, Joan Schockow, 1982-83 (36 games)

Goalie Records (Season)

Most Shutouts:
16, Missy Samuels, 1991 (22 games)
16, Missy Samuels, 1992 (22 games)

Most Saves:
131, Joan Schockow, 1982 (17 games)

Goalie Records (Game)

Most Saves:
19, Margot Weille vs. Ithaca, 2000
18, Ali Gray vs. Ithaca, 2002

TEAM RECORDS

Consecutive Games Without a Loss:
25, in 1990-91

Consecutive Wins (No Ties):
20, in 1990

Undefeated Seasons:
1, 11-0, in 1978

Most Games Won:
22, in 1990 (25 games)

Most Games Tied:
4, in 1985 (23 games)

Fewest Goals Allowed:
2, in 1978 (11 games)

Most Shutouts:
18, in 1990 (25 games)

Team Scoring (Season)

Most Goals:
132, in 1978 (11 games)

Most Assists:
55, in 1992 (22 games)

Team Scoring (Game)

Most Goals:
20 (Twice), vs. Alfred, 1978 (20-0);
vs. William Smith, 1978 (20-0)

Most Assists:
16 vs. Mt. St. Vincent, 1992

ON THE COVER: Junior Kelsey Geary, a two-time All-SUNYAC selection, tied the school record of three assists in a game twice last season.

The 2004 Cortland Women’s Soccer Guide was written and edited by Cortland Associate Sports Information Director Dan Surdam. Action photography (except Janine Caruso Corning) and team photo by Darl Zehr Photography. The guide was printed by Graphics Plus Printing of Cortland, N.Y.

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The 2004 Cortland Women’s Soccer Guide was written and edited by Cortland Associate Sports Information Director Dan Surdam. Action photography (except Janine Caruso Corning) and team photo by Darl Zehr Photography. The guide was printed by Graphics Plus Printing of Cortland, N.Y.

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Jodie Gabel's 30 points in 2003 were the most since Janet Urban scored 30 in 1995.
NCAA History & Honors

Cortland Women’s Soccer— National Post-Season History (Division III unless noted)

<table>
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<tr>
<th>Year</th>
<th>Record</th>
<th>Accomplishments</th>
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<tr>
<td>1980</td>
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<td>Women’s National Soccer Champions</td>
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<tr>
<td>1982</td>
<td>8-6-3</td>
<td>NCAA Quarterfinals (Div. I)</td>
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<td>12-6-2</td>
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<td>17-2-3</td>
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<td>1998</td>
<td>14-5-2</td>
<td>NCAA Tournament 2nd Round</td>
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Head Coach Anna Rush’s 1980 Red Dragon team defeated UCLA to win the first-ever U.S. National Women’s Soccer Championship. Terry Febrey and Heather Brendel, both All-Americans during their Cortland careers, were named tournament co-MVPs.

Terry Febrey and Heather Brendel, both All-Americans during their Cortland careers, were named tournament co-MVPs.

CORTLAND WOMEN’S SOCCER ALL-AMERICANS

- Cyd Archer (1980)
- Lori Beesmer (1984, 1985)
- Sue Behme (1992)
- Kimberly Berglund (1988)
- Heather Brendel (1980)
- Bernadette Conlon (1990)
- Karen DiMarco (1983)
- Joan Easton (1987, 1988)
- Julie Gick (1998)
- Karen Gollwitzer (1983)
- Karen Hertel (1990)
- Patricia “T’She” Looney (1986)
- Lori Palmer (1980, 1982)
- Janet Urban (1995)

*The first-ever four-time women’s soccer All-American.

Janine Caruso (right) was a three-time All-American at Cortland and coached the Red Dragons from 1995-2001, posting an 82-45-11 record.
<table>
<thead>
<tr>
<th>Team</th>
<th>Series Record</th>
<th>Began</th>
<th>Last Played</th>
<th>Team</th>
<th>Series Record</th>
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<tr>
<td>Binghamton</td>
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<td>1997</td>
<td>Metropolitan (CO)</td>
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<td>1984</td>
<td>Mo.-St.Louis</td>
<td>St. Louis Leads 1-0-1</td>
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<td>2003</td>
<td>Moravian</td>
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<td>Buffalo, Univ. at</td>
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<td>1986</td>
<td>Muhlenberg</td>
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<td>Nazareth</td>
<td>Cortland Leads 6-4-0</td>
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<td>Ohio Wesleyan</td>
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<td>SUNYIT</td>
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<td>2001</td>
<td>Virginia Wesleyan</td>
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<td>Mary Washington</td>
<td>Mary Wash. Leads 1-0-0</td>
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<td>Wisconsin</td>
<td>Cortland Leads 1-0-0</td>
<td>1985</td>
<td>1985</td>
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</table>

**Cortland**
About SUNY Cortland

Located atop one of the rolling hills in central New York’s “City of Seven Valleys,” the State University of New York College at Cortland was founded in 1868 as the Cortland Normal School, which included among its earliest students inventor and industrialist Elmer A. Sperry of Sperry-Rand Corp. fame.

Over the decades, the campus expanded and in 1941, by an act of legislature and the Board of Regents, the institution officially became a four-year college providing courses leading to the bachelor’s degree. In 1948, Cortland was a founding member of the State University of New York.

Today, approximately 7,500 students are pursuing degrees within the College’s three academic divisions — arts and sciences, professional studies and the school of education. Twenty-three departments with a faculty of more than 400 offer the SUNY Cortland student body 70 majors and 44 minors from which to choose.

The College’s main campus covers 191 acres and includes 30 traditional and modern buildings. Fourteen of these structures are residence halls providing on-campus housing for approximately 3,000 students. Cortland also operates its Outdoor Education Center at Raquette Lake in the Adirondacks, the Hoxie Gorge Nature Preserve outside Cortland, and the Brauer Memorial Geological Field Station on the Helderberg Escarpment near Albany.

At Cortland, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland participates in 25 intercollegiate sports — 14 women’s and 11 men’s — in an attempt to provide a broad program which meets the needs, interests and abilities of its students.

The Cortland athletic program placed eighth nationally out of 430 colleges and universities in the 2003-04 all-sport National Association of Collegiate Directors of Athletics (NACDA) Directors’ Cup Division III standings. The award was formerly known as the Sears Directors’ Cup from 1995-2002. Cortland is the only New York school and one of only six nationwide to finish in the top 20 each of the last nine years. Since 1989, the Red Dragons have captured 12 NCAA Division III team titles.

The College offers its student-athletes excellent athletic facilities. The newly-constructed on-campus stadium features two artificial turf fields. One field seats 6,500 spectators, the other 1,500. The Cortland football, field hockey, men’s and women’s soccer, men’s and women’s lacrosse and men’s and women’s track and field teams are among those who utilize the facility, which the New York Times called “...a new stadium worthy of a major university power.”

The Bessie L. Park Physical Education and Recreation Center, opened in 1973, features the Whitney T. Corey Gymnasium with a 3,500 seating capacity; the Olympic-sized Harriet Holsten swimming pool with gallery seating for 1,500; the Alumni Ice Arena, a facility which can accommodate 2,500 spectators; a 500-seat gymnastics arena, racquetball and squash courts, a wrestling room, modern athletic training facilities and the state-of-the-art Francis Woods Fitness Facility.

Nearby Clayton R. Lusk Field House, with its tartan-textured surface, is home for the indoor track teams, varsity practice sessions and recreational activities. Cortland’s soccer teams play on T. Fred “Prof” Holloway Field, which has lights for night contests and newly installed bleachers. The College also has 22 outdoor tennis courts and two outdoor basketball courts and boasts Robert H. Wallace Field (baseball) and Dragon Field (softball) as part of its 51 acres of athletic fields.
2004 Red Dragon Women’s Soccer Team

Front Row: Kalli Anctil, Shelly Vandusen, Lauren Sopko, Kendra Ryerson, Colleen Martin, Lauren Sopko, Destiny Boyce, Kelsey Geary, Marie Valentino, Kalli Anctil, Shelly Vandusen, Lauren Sopko.