Cortland’s C. Fred Joslyn ECAC and SUNYAC Men’s Track Athlete of the Week

SUNY Cortland junior C. Fred Joslyn (Chenango Forks) has been chosen as both the State University of New York Athletic Conference (SUNYAC) and the Eastern College Athletic Conference (ECAC) Division III Men’s Indoor Track and Field “Track Performer of the Week” for the week ending Feb. 12. The ECAC award covers athletes in the entire ECAC Division III region, spanning more than 180 schools in the East.

Joslyn set both a school and a SUNYAC record with his time of 14:29.67 in the 5,000 meters at the Boston University Valentine’s Meet. He finished ninth out of 87 runners and automatically qualified for the NCAA Division III Indoor Track and Field Championships.

In addition, Joslyn helped Cortland’s finish fourth and provisionally qualify for nationals in the distance medley relay with a time of 10:11.08.

Joslyn was an All-American and a four-time ECAC weekly award winner during cross country season last fall.

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