



SUNY Cortland Sports Information

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Shawn Wilbourn Chosen as Director of SUNY Cortland's Running Programs

Shawn Wilbourn has been named the director of SUNY Cortland's running programs, according to Director of Athletics **Joan Sitterly**. Wilbourn will serve as the head coach of the school's men's and women's track and field teams and will also oversee the cross country program. **Jack Daniels** will remain as Cortland's cross country head coach and will coach the distance runners during track and field season.

Wilbourn has served as an assistant track and field coach at Cortland the past two seasons, working with the team's sprinters and hurdlers. He has also been the defensive coordinator and secondary coach for Cortland's football program the past two seasons.

Wilbourn is a nationally-regarded decathlete and a former National Football League draft selection. He was a 1996 Olympic trials finalist in the decathlon and a member of the 1997 USA National Track and Field team. A free safety at Long Beach State University, he earned All-Big West football honors and was a fifth-round draft pick by the Buffalo Bills in 1991. He was on the San Francisco 49ers' practice squad the following season before being allocated to the World League of American Football. He earned a bachelor's degree in physical education from Long Beach State in 1993 and a master's degree in 2002.

In 2000, Wilbourn was an assistant coach for speed development at Arizona State University, making the school the first university in the country to employ a full-time staff member specializing in speed enhancement. He worked as an assistant track and field coach at his alma mater from 1995-98.

Wilbourn and his wife, Kaybee, reside in Ithaca. They have one daughter.

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