Five Cortland Spring Student-Athletes Earn Academic All-District Honors; Four Eligible for National Academic All-America Recognition

SUNY Cortland placed five spring student-athletes on their respective 2004 College Sports Information Directors of America (CoSIDA) Academic All-District I College Division teams. Four of the selections were first-team honorees and move on to the national Academic All-America ballots.

Junior baseball pitcher Mike Burnett (Westfield) was a first-team selection on the District I baseball team. Sophomore pitcher Stephanie Adamshick (Milton/Marlboro) and senior second baseman Sara “Pip” Colombo (Williamsville/Williamsville North) were on the softball all-district first team. Junior women's lacrosse player Lauren Frisch (Nanuet) was named to the women's at-large all-district first team and senior men's ice hockey player Matt Donskov (Westerville, OH/Westerville North) was a second team men's at-large all-district selection.

Burnett is an adolescent education - social studies major with a 3.78 grade point average. He finished the season with a 7-2 record and a 2.27 earned run average. He allowed 57 hits and 17 walks and struck out 67 in 71 and one-third innings. He was a first team all-region and second-team All-SUNYAC selection.

Adamshick was a second team All-American and the SUNYAC softball Pitcher of the Year. She had a 23-4 record with a 1.02 earned run average and eight shutouts. She struck out a school-record 165 batters and allowed only 108 hits in 172 innings. Colombo, a second team all-region and first team All-SUNYAC honoree, batted .316 this spring with two homers and 34 runs batted in.

Frisch registered 11 goals and four assists in 19 games, 13 as a starter. She also had 26 ground balls. Donskov was an Academic All-American as a sophomore and is an all-district selection for the third straight time this season. He scored 25 goals and recorded 15 assists in 25 games this past winter and finished his career with 101 points (41 goals, 60 assists).

District I in the CoSIDA College Division features Division II, Division III and NAIA schools in New York and New England (seven states total) plus three Canadian provinces.

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