Matthew Moran Named SUNY Cortland Cross Country Head Coach

Matthew Moran has been named the head coach of the SUNY Cortland men’s and women’s cross country teams, according to Director of Athletics Joan Sitterly. Moran succeeds Jack Daniels, who left Cortland to head the U.S. Distance Running Program at Northern Arizona University’s Center for High Altitude Training.

A USA Track and Field Level 2 certified coach, Moran served as a volunteer assistant for the cross country and track and field programs at Penn State University from 2000-04. He administered daily workouts, aided in workout development and organized and handled all race day details regarding Penn State’s distance athletes.

From 1998-2000, Moran was the head cross country and assistant track and field coach at St. Anthony’s High School in Huntington, N.Y. He was named the 1999 New York State Catholic High School Cross Country Coach of the Year after leading his team to a top 30 national ranking and a Catholic state championship.

Moran earned a bachelor’s of science in kinesiology from The College of William and Mary in 1998. An Academic Computing Fellow at Penn State from 2002-05 and the 2003 Kinesiology Department Graduate Student of the Year, he earned a master’s degree in 2002 and his doctorate in 2005.

A highly accomplished runner, Moran was a member of William and Mary’s cross country team that placed ninth at the 1997 NCAA Division I Championships. He was a member of the IC4A All-East Indoor and Outdoor Track and Field Team in the 4x800-meter relay in 1996 and set a meet record in the 3,000-meter steeplechase (9:00.3) at the 1998 Colonial Athletic Association Track and Field Championships. Moran was the top American finisher with a 10th-place showing at the 2002 Athens Marathon (2:25.46) and was the 15th American finisher in the 2004 New York City Marathon.

A native of Rocky Point, N.Y., Moran graduated from St. Anthony’s High School in 1993. As a senior, he was named to the Track & Field News High School All-America Team.

Moran and his wife, Megan, currently reside in Ithaca, N.Y.

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